**Kaleidoscopic UK**

**1 IN 5 challenge**

Run, skip or walk

Swim or cycle

Sponsored silence

Keepy Uppy

Crunch, squat or dance

Participant’s Name: ……………………………………………………………….

My challenge: In the month of April, I have opted to …………………*e.g. run a total of 15 km*………………

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Sponsor’s Name | Amount of sponsorship per e.g. 15 km run (£) | Amount completed in challenge e.g. 15 km (£) | Total (£) | Total for one-off donation£ |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
| TOTAL RAISED | £  |